



Fitness  
Center

# COLE HENNESSEE

MercyFit Coach and  
Personal Trainer



## FAVORITE WAY TO MOVE/EXERCISE

Hiking

## FUN FACT

I've been to 3 different countries

## WHAT DO YOU ENJOY THE MOST ABOUT BEING A PERSONAL TRAINER:

Helping people achieve healthier  
and happier lives.

## Credentials:

NASM CPT